Position Title: *Wellness Peer Educator – Action Team*

**Position Summary:**
Wellness Peer Educators are a dynamic team of students who are committed to proactive wellness initiatives on campus. Under the direction of the Manager, Wellness and Well-being Education, Wellness Peer Educators research, develop and deliver a variety of health and wellness-related initiatives to enhance students’ academic and personal success. In addition to helping other students on campus, you will learn strategies for your own success, enhance your communication and presentation skills, and meet other students who have similar interests.

If you are a current Western student with an interest in wellness-related topics, such as emotional well-being, physical health and/or equity; are open to broadening your understanding of ‘wellness’; and, keen to share your knowledge with your peers, this volunteer position is right for you.

**What will you gain from this role?**
- Gain knowledge and skills in health and wellness promotion, health education and outreach, as well as knowledge of student supports and resources available on-campus and off-campus.
- Enhance your communication skills by disseminating health and wellness information and resources in a manner that is respectful, creative and accurate
- Gain interpersonal and teamwork skills as you contribute to the development and implementation of wellness initiatives at Western
- Develop leadership skills and build confidence as a student leader
- Get training in specific issues related to student health and wellbeing
- Recognition through Western’s Co-curricular Record.

**Key Responsibilities:**
- Develop and deliver programs, campaigns and events to educate peers on topics in wellness with guidance from the Manager, Wellness and Well-being Education
- Create educational content on topics related to wellness and well-being, working in collaboration with other departments and units on campus. Develop creative ways to disseminate the information to a diverse student population
- Support the planning and delivery of wellness education awareness events and special projects
- Assist in the creation of program reports with descriptive summaries of all initiatives
- Research and stay current with best practices at postsecondary institutions on wellness initiatives and on current trends in the field

**What do we look for in a Wellness Peer Educator?**
- Strong communication and interpersonal skills; must be people oriented.
- Strong interest in acquiring experience in program coordination and management.
- Ability to demonstrate initiative and dependability. Enthusiasm is a must!
- Interest in enhancing public relations, digital and social media content and public speaking skills.
- Ability to work well independently as well as a team member.
- Strong time management skills.
Position Requirements:
- Personal dedication to wellness practices and/or education
- Proven reliability with well-developed time management skills.
- Exceptional communication and public speaking skills.
- Equal ability to work productively as a team member and independently.
- Openness to engage with new ideas and skill development.
- Knowledgeable about resources on campus.
- This position is eligible for work study.

Western Peer Leader Program Requirements:
- General Orientation, Annual Team Meeting, and Annual Recognition Event.
- Complete four mandatory Human Resources (HR) training modules: WHMIS, Health & Safety, Safe Campus, and AODA.
- Submit a Feedback Form each term and a year-end program evaluation to the WPL Program.

Position Specifics:

Term Length:
Spring/Summer Semesters, April 30, 2020 – August 31, 2020 (with opportunity for extension)
Fall/Winter Semesters, September 1, 2020 – April 30, 2021.

Time Commitment:
- 8-10 hours per week

Training:
- Human Resources online training modules:
  - WHMIS (60-90 min)
  - Health & Safety (45-60 min)
  - Safe Campus (30 min)
  - AODA (45-60 min)
- Mental Health Interactive Learning Module (30 min)
- Position-specific training (arranged by direct supervisor)

Reports to:
Manager, Wellness and Well-being Education

Application Method:
Login to Western Connect, and navigate to the Western Peer Leader posting boards to find this job posting and instructions on how to apply (ex. Uploading/emailing required application documents or redirecting to the Working at Western website).

Western Values Diversity:
The University invites applications from all qualified individuals. Western is committed to employment equity and diversity in the workplace and welcomes applications from women, members of racialized groups/visible minorities, Aboriginal persons, persons with disabilities, persons of any sexual
orientation, and persons of any gender identity or gender expression. Accommodations are available for applicants with disabilities throughout the recruitment process. If you require accommodations for interviews or other meetings, please contact our Administrative Officer at ralary@uwo.ca or phone 519.661.1111 (89081).