



SCHOOL FOR ADVANCED STUDIES IN THE ARTS & HUMANITIES

POSSIBLE MODULES

- Arts & Humanities

Combined Degrees

- Honours or Major from any existing program in Arts & Humanities
- HBA (Ivey Business School)

This advanced liberal arts program delivers a transformative education that includes interdisciplinary studies, second language acquisition, experiential learning, engagement with the digital world, and international travel and exchange.

Our goal is to educate international citizens and research leaders, people who can creatively engage with the global challenges that lie ahead of us.

BUILDING YOUR EXPERIENCE



Check the [Academic Calendar](#) and review your module requirements



Discuss your progression and future goals with an [Academic Advisor](#)



Talk to a [Career Educator](#) about your steps after Western in terms of further education, career goals, certifications, and more.



Get the experience you need through opportunities at Western using Mustang Maps and the [Experience Catalogue!](#)

ABOUT THIS MAP

This map can be used to plan your journey through your undergraduate degree. You can create your own custom map at mustangmaps.uwo.ca.

SCHOOL FOR ADVANCED STUDIES IN THE ARTS & HUMANITIES

PROFESSIONAL COMPETENCIES

Engage in these opportunities to build competencies for your future, including:

FIRST YEAR

MIDDLE YEARS

FINAL YEAR

FUTURE-FOCUSED PLANNER

- Look into [Arts & Humanities](#) or [SASAH](#) scholarships and awards
- Find a [summer or part-time job](#) and update your [resume](#)
- Visit the Volunteer or [Leadership Fairs](#)
- Explore [opportunities](#) with Western Sport & Recreation

- Research and establish specific interests in [Internship/Experiential Learning Opportunities](#) to be completed in your upper years
- Talk to a [Career Educator](#) about putting your degree into practice
- Look into [job opportunities, graduate school](#) or other [further education](#)

- Participate in Networking Events with SASAH Advisory Council
- Attend [employment workshops](#)
- Participate in [Western Performs!](#)
- Update your [LinkedIn](#) profile and connect with employers through [information sessions](#) and [Career Fairs](#)
- Apply to [graduate school](#)

CRITICAL THINKER

- Look into future [internships](#) or [research opportunities](#). Consider doing them [abroad](#)
- Learn about entrepreneurship through campus [clubs](#)
- Start writing for the [Western Gazette](#)

- Contribute to Western's creativity through the [ICONOCLAST Collective](#)
- Attend lectures from the [Centre for the Study of Theory and Criticism](#)
- Participate in [Hack Western, SheHacks](#), or a [pitch competition](#)

- Submit your coursework to the [SASAH Blog](#) or for an [Undergraduate Award](#)
- Get your work published in [AHSC Publications](#)
- Visit [Propel](#) for access to mentorship and resources to start your own business or social enterprise

ADAPTABLE PROBLEM SOLVER

- Participate in SASAH's in-house Mentorship Program
- Expand your understanding of mental health issues through [online learning modules](#) or access resources through the [Wellness Education Centre](#)
- Learn how to communicate better at the [Writing Support Centre](#)

- Get support from the [Peer Support Centre](#)
- Participate in the [Creativitea](#) writing group
- Develop academic skills at the [Writing Support Centre](#) or [Learning Development & Success](#)
- Check out [drop-in recreation and/or intramural opportunities](#)

- Get involved with [Active Minds Western](#)
- Drop in to a [Laura Evans Wellness Workshop](#)
- Explore [Group Care and Workshops](#)
- Check out [FRESH online nutrition resources](#)

GLOBAL LEARNER

- Check out [International Week](#) events
- Participate in a [summer program abroad](#)
- Explore [scholarships and funding](#) for international opportunities
- Earn a credit at [Western's French Immersion School in Trois-Pistoles](#)

- [Go abroad](#) in year 3. Plan in Year 2
- Consider [faculty-led study abroad opportunities](#) like [Rondine Cittadella della Pace in Tuscany](#) or the [Community Engaged Learning trip to Rwanda](#)
- Volunteer with the [International & Exchange Student Centre](#)
- For more opportunities, [click here](#)

- Be an [International Learning Ambassador](#)
- Engage with a [club](#) focused on cultural and international interests.
- Participate in the [World's Challenge Challenge](#)
- Submit your [Global and Intercultural Engagement Honour](#) requirements

COMMUNITY BUILDER

- Attend [Indigenous Awareness Week](#)
- Connect with community-based opportunities through [Innovation Works](#)
- Get involved with [Arts & Humanities Students' Council](#) or a [USC Club](#)
- Become a [Western Peer Leader](#)

- Work or Volunteer for [community partners](#) like [TAP Centre for Creativity](#)
- Look into [Impact Experience](#) opportunities
- Be a [Mustang fan](#) at the many free sporting events
- Be an [Academic and Leadership Programmer](#) in residence

- Offer to Mentor a SASAH First Year student

INNOVATIVE LEADER

- Attend workshops as part of the [Learn to Lead Program](#)
- Apply to be a [residence](#) or [orientation student leader](#)
- Explore [leadership and work opportunities](#) with the USC

- Attend the [Learn to Lead Summit](#)
- Get [safeTALK](#) and/or [ASIST](#) trained
- Be a peer mentor through the [Leadership and Academic Mentorship Program](#)

- Consider becoming a [Peer Writing Advisor](#)
- Finish your requirements for the [Learn to Lead Leadership Certificates](#)

EXPLORE THE ARTS & HUMANITIES INTERNSHIP PROGRAM

GLOBAL AND INTERCULTURAL ENGAGEMENT HONOUR (GIEH)

- **Goal-orientation**
- **Motivation**
- **Organization**
- **Self-direction**

- **Curiosity**
- **Engagement**
- **Reflection**

- **Hopefulness**
- **Self-confidence**
- **Resourcefulness**
- **Creativity**

- **Equity**
- **Global awareness**
- **Social responsibility**

- **Authenticity**
- **Empathy**
- **Collaboration**
- **Self-awareness**

- **Integrity**
- **Judgement**
- **Intercultural communication**



PLACES TO CONNECT

- Academic Support & Engagement
- Careers & Experience
- Indigenous Student Centre
- Propel Entrepreneurship
- Sport & Recreation
- University Students' Council
- Western International
- Wellness & Well-being
- Western Libraries

Remember, these maps are intended to outline experiences that you could do. They are meant to help you find ways to enrich and personalize your Western experience. You should explore the maps based on your goals and interests, while keeping in mind your own capacity and personal boundaries.



WESTERN'S THRIVING CAMPUS

We want you to thrive throughout your time here at Western. We aim to make every student feel they have a community in which they can discover their interests, and engage with new ideas and people.

Helping you engage in your learning through practical experiences is just a fraction of what we offer; we have a wide breadth of services designed to help you address the challenges you might face along the way, including academic and career advice, and mental health resources.



TRACKING YOUR EXPERIENCE

Exploring opportunities to enhance your learning doesn't end with Mustang Maps. As you participate in co-curricular experiences, consider these tools to track your engagement and articulate your transferrable skills:

Western's Co-Curricular Record helps you showcase your experiences outside of the classroom to potential employers and graduate schools.

STUDENT EXPERIENCE
studentexperience@uwo.ca

FACULTY OF ARTS & HUMANITIES
arts@uwo.ca

**SCHOOL FOR ADVANCED STUDIES
IN THE ARTS & HUMANITIES**
sasah@uwo.ca

