



HISTORY

POSSIBLE MODULES

- History
- American Cultural Studies
- American Studies
- International Relations
- Middle East Studies
- Public History

Combined Degrees

- HBA (Ivey Business School)

History tells us how we got to today – and may help us chart a course for tomorrow. To make sense of the past, we must see it through the eyes of those who lived it.

That requires historical imagination, informed by critical thinking and analytical skills developed in first-year lectures and tutorials through to senior seminars.

BUILDING YOUR EXPERIENCE



Check the [Academic Calendar](#) and review your [module requirements](#)



Discuss your progression and future goals with an [Academic Advisor](#)



Talk to a [Career Educator](#) about your steps after Western in terms of further education, career goals, certifications, and more.



Get the experience you need through opportunities at Western using Mustang Maps and the [Experience Catalogue!](#)

ABOUT THIS MAP

This map can be used to plan your journey through your undergraduate degree. You can create your own custom map at mustangmaps.uwo.ca.

HISTORY

PROFESSIONAL COMPETENCIES

Engage in these opportunities to build competencies for your future, including:

FIRST YEAR

MIDDLE YEARS

FINAL YEAR

FUTURE-FOCUSED PLANNER

- Look into [Social Science](#) or [History](#) scholarships and awards
- Find a [summer or part-time job](#) and update your [resume](#)
- Check out Volunteer or [Leadership Fairs](#)
- Explore the many [opportunities](#) with Western Sport & Recreation

- Talk to a [Career Educator](#) about putting your degree into practice
- Access [Career Fundamentals online modules](#)
- Look into [job opportunities](#), [graduate school](#) or other further education

- Update your [LinkedIn](#) profile and connect with employers through [information sessions](#) and [Career Fairs](#)
- Network with successful History grads on Alumni Career Day.
- Apply to [graduate school](#)

CRITICAL THINKER

- Explore future [internship](#) or [research opportunities](#). Consider doing them [abroad](#)
- Learn about entrepreneurship through campus [clubs](#)

- Get experience in editing and publishing with [The Mirror](#)
- Apply to write a [senior thesis](#)
- Participate in [Hack Western](#), [SheHacks](#), or a [pitch competition](#)
- Attend or participate in the Social Science Student Council Academic Conference

- Submit your best course paper for consideration by [The Mirror](#)
- Submit your coursework for an [Undergraduate Award](#)
- Visit [Propel](#) for access to mentorship and resources to start your own business or social enterprise

ADAPTABLE PROBLEM SOLVER

- Expand your understanding of Mental Health issues through [online learning modules](#)
- Learn more about mental health resources through the [Wellness Education Centre](#)
- Learn how to communicate better at the [Writing Support Centre](#)

- Get support from the [Peer Support Centre](#)
- Develop academic skills at the [Writing Support Centre](#) or [Learning Development & Success](#)
- Check out [drop in recreation and/or intramural opportunities](#)

- Get involved with [Active Minds Western](#)
- Drop in to a [Laura Evans Wellness Workshop](#)
- Explore [Group Care and Workshops](#)
- Check out [FRESH online nutrition resources](#)

GLOBAL LEARNER

- Check out [International Week](#) events
- Participate in a [summer program abroad](#)
- Explore [scholarships and funding](#) for international opportunities
- Earn a credit at [Western's French Immersion School](#) in Trois-Pistoles

- Go on [exchange](#) or [study abroad](#) in year 3. Plan in Year 2
- Consider [faculty-led study abroad](#) opportunities like the [Study Trip to Rome](#) or the [Study Tour to Greece](#)
- Volunteer with the [International & Exchange Student Centre](#)
- For more opportunities, [click here](#)

- Be an [International Learning Ambassador](#)
- Engage with a [club](#) focused on cultural and international interests.
- Participate in the [World's Challenge Challenge](#)
- Submit your [Global and Intercultural Engagement Honour](#) requirements

GLOBAL AND INTERCULTURAL ENGAGEMENT HONOUR (GIEH)

COMMUNITY BUILDER

- Attend [Indigenous Awareness Week](#)
- Get involved with the [Social Science Students' Council](#)
- Join a [USC Club](#) like the [UWO History Society](#)
- Become a [Western Peer Leader](#)
- Look into [Impact Experience](#) opportunities

- Look into volunteering at a local heritage site, like the [Royal Canadian Regiment Museum](#)
- Be an [Academic and Leadership Programmer](#) in residence
- Be a [Mustang fan](#) at the many free sporting events

- Join a group like [Canada's History](#) and stay involved in community history events
- Apply for the [Grad Pact '91 Award](#)

INNOVATIVE LEADER

- Attend workshops as part of the [Learn to Lead Program](#)
- Apply to be a [residence](#) or [orientation student leader](#)
- Explore [leadership and work opportunities](#) with the USC

- Apply for the [Social Science Students' Council Leadership Awards](#)
- Attend the [Learn to Lead Program Summit](#)
- Get [safeTALK and/or ASIST](#) trained
- Be a peer mentor through the [Leadership and Academic Mentorship Program](#)

- Volunteer for [High School History Day](#)
- Consider becoming a [Peer Writing Advisor](#)
- Finish your requirements for the [Learn to Lead Leadership Certificates](#)

- **Goal-orientation**
- **Motivation**
- **Organization**
- **Self-direction**

- **Curiosity**
- **Engagement**
- **Reflection**

- **Hopefulness**
- **Self-confidence**
- **Resourcefulness**
- **Creativity**

- **Equity**
- **Global awareness**
- **Social responsibility**

- **Authenticity**
- **Empathy**
- **Collaboration**
- **Self-awareness**

- **Integrity**
- **Judgement**
- **Intercultural communication**

EXPLORE AN INTERNSHIP OPPORTUNITY



PLACES TO CONNECT

- Academic Support & Engagement
- Careers & Experience
- Indigenous Student Centre
- Propel Entrepreneurship
- Sport & Recreation
- University Students' Council
- Western International
- Wellness & Well-being
- Western Libraries

Remember, these maps are intended to outline experiences that you could do. They are meant to help you find ways to enrich and personalize your Western experience. You should explore the maps based on your goals and interests, while keeping in mind your own capacity and personal boundaries.



WESTERN'S THRIVING CAMPUS

We want you to thrive throughout your time here at Western. We aim to make every student feel they have a community in which they can discover their interests, and engage with new ideas and people.

Helping you engage in your learning through practical experiences is just a fraction of what we offer; we have a wide breadth of services designed to help you address the challenges you might face along the way, including academic and career advice, and mental health resources.



TRACKING YOUR EXPERIENCE

Exploring opportunities to enhance your learning doesn't end with Mustang Maps. As you participate in co-curricular experiences, consider these tools to track your engagement and articulate your transferrable skills.

[Western's Co-Curricular Record](#) helps you showcase your experiences outside of the classroom to potential employers and graduate schools.

STUDENT EXPERIENCE
studentexperience@uwo.ca

FACULTY OF SOCIAL SCIENCE
social-science@uwo.ca

DEPARTMENT OF HISTORY
history-inquiries@uwo.ca